

Promover Competências de Aprendizagem Socioemocional no 1º Ciclo do Ensino Básico

smile ^{PS} 

Modelo Teórico

Fundamentação



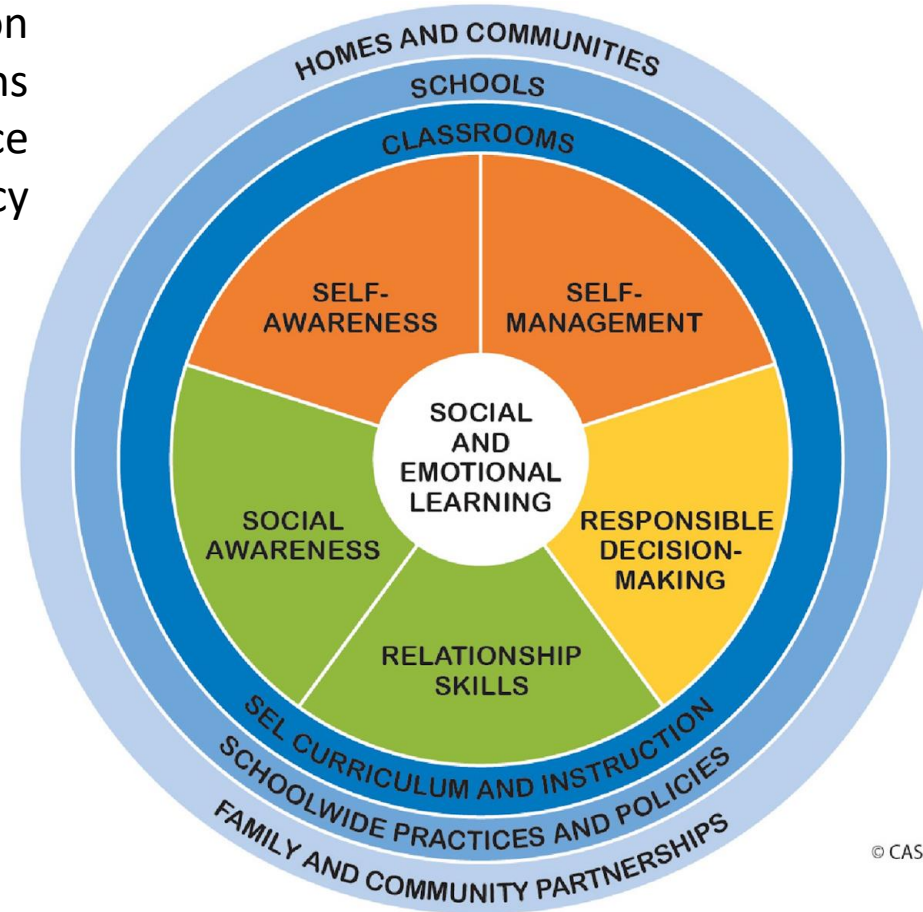
* In his 2007 book "The Good Teen," Richard M. Lerner included this additional outcome

Fundamentação

Identifying emotions
Accurate self-perception
Recognizing strengths
Self-confidence
Self-efficacy

Perspective-taking
Empathy
Appreciating diversity
Respect for others

Communication
Social engagement
Relationship building
Teamwork



Impulse control
Stress management
Self-discipline
Self-motivation
Goal setting
Organizational skills

Identifying problems
Analyzing situations
Solving problems
Evaluating
Reflecting
Ethical responsibility

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Domínios do Projeto

Domínios PS.Smile



Estrutura do Programa

The structural framework

AWARENESS

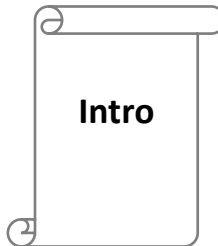
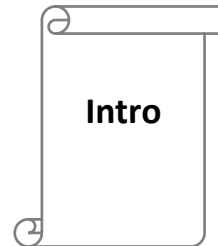
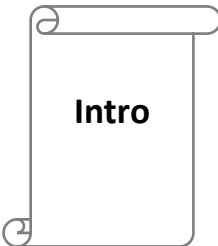
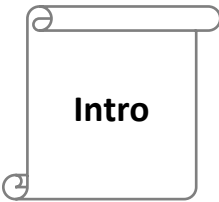
MANAGEMENT

Smile to Myself

Smile to Society

Smile to Others

Smile to Myself and My Future



BASIC **ADVANCED**

BASIC **ADVANCED**

BASIC **ADVANCED**

BASIC **ADVANCED**

Activity 1. 1 to 5 **Activity 2. 1 to 5**

Activity 1 1 to 5 **Activity 2 1 to 5**

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retrieval practice & assessment (Quiz – reflective questions...)

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Obrigado pela atenção!